



The ECHO™ — Your Weekly Presentation Tip

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Stand Up and Be Counted On

The workplace has become more casual, and this means that little things can help you stand out... literally.

As more people get used to sitting while speaking to groups, the person who stands is going to attract attention. Since you want to look confident but not aggressive, here are some tips to stand out by standing up...

- Stand slowly, as you're speaking (don't jump up and scare someone).
- Smile.
- Move away from the table so you're not towering over people or leaning on the table for support (and thus towering over someone...he or she could find this intimidating).
- Use a white board or an easel chart as an excuse to stand and draw attention away from the table to yourself.

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